

Date: 30.09.2021

NATIONAL WOMEN HEALTH AND FITNESS DAY – A REPORT

National Women's Health and Fitness Day was organised on 29th September 2021 .

1. Name of the Event : National Women's Health and Fitness Day
2. Day & Date : 29th September ,2021
3. Time : 10.00 am onwards
4. Resource Person : Dr. Manisha Salvi
5. Organized By : JSIMR

Objectives of the Program:

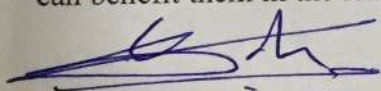
1. To create awareness about Women health and hygiene.
2. To understand the importance of Diet & Fitness for Women.
3. To encourage Women to begin a healthy journey.

Purpose:

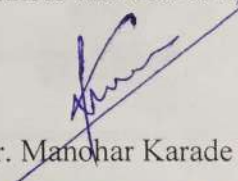
To celebrate this day with high level of enthusiasm and encourage our female students to begin a healthy Journey with proper diet and regular exercise.

Outcome:

Around 50 female students were present for this event along with teaching and non-teaching staff. Female students realized how important health, fitness and diet is and how it can benefit them in the long run.


Prof. Umesh Nath
Coordinator




Dr. Manohar Karade

DIRECTOR
J. S. P. M.'S
Jayawantrao Sawant Institute
Of Management & Research
Hadapsar, Pune - 411 028

Glimpses of Women Health and Fitness Day




DIRECTOR
J. S. P. M.'S
Jayawantrao Sawant Institute
Of Management & Research
Hadapsar, Pune - 411 028


Date: 08 Mar 2022

International Women's Day Celebration 2022

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Prof. Pradnya Kulkarni
Coordinator


Prof. Umesh Nath
HOD

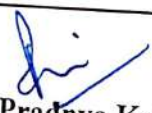

Dr. Manohar Karade
Director, JSIMR

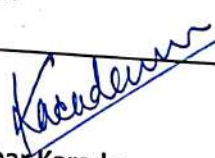
International Women's Day Celebration

Minute to Minute Program

08/03/2022

Sr. No	Activity	Facilitators	Time
1	Welcome and Arrival of the Guests	Prof. Umesh Nath & Students' Council	10.00 am to 10.30am
2	Cultural Welcome of all Guests at Seminar Hall	Kalashree Nrityalaya Team	11.00am to 11.05am
3	Shakti Swaroopini Theme	Kalashree Nrityalaya Team	11.05am to 11.40am
4	Aaukshan and Felicitation of Navnari	Guest of Honours	Designation
		1.Ms.Avanti Damle	Dietician
		2.Ms.Preeti Paranjpe	Advocate, District Court
		3.Ms.Pramdwar Kittur	CEO Kalashree Nrutyalaya ,Pune
		4.Ms.Manisha Deshpande	Tahasildar
		5.Ms.Priya Deshpande	Kakshadhikari @ Mantralaya,
		6.Ms.Manisha Goplae	Deputy Commissioner Sales & Tax(GST)Dept.
		7.Ms. Priyanka Narnavare	DYSP, Pune Division
		8.Ms.Priyanka Dadas	RTO Officer
		9.Ms.Supriya Badve-	Executive Director Badve Group of Industries ,Founder CEO -Sportsindi
5	Speeches of Awardees and Nav Nari	All Awardees and Chief Guests	As per above sequence -10 mins each.
6	Vote of Thanks	Anchor and Prof. Umesh Nath	12.10 pm to 1.0 pm
7	Lunch	Guests and Campus Director, Director etc.	1.00 pm to 1.05 pm
			1.05 pm to 1.45 pm


Prof. Pradnya Kulkarni
Asst. Prof.


Dr. Manohar Karade
Director, JSIMR



JSPM's
JAYAWANTRAO SAWANT INSTITUTE
OF MANAGEMENT & RESEARCH, PUNE



8^{March} WOMEN's DAY



Hon. Prof. Dr. T. J. Sawant
MLA, Maharashtra State
President TSSM Pune
Founder Secretary JSPM Pune

International Women's Day Celebration

Jayawant Women Icon 2022



Mrs. Supriya Badve
Executive Director, Badve Group of Industries
& Founder CEO - Sports India, Pune



Dr. Priyanka Narnaware
IPS & Deputy Commissioner of
Police, Pune Zone 1



Mrs. Manisha Gopale
Deputy Commissioner, Sales &
Tax (GST) Dept, Pune



Mrs. Shilpa Karmarkar
Deputy Commissioner PMRDA, Pune



Dr. Priya Deshpande
Kakshadikari Mantralaya Govt.
of Maharashtra, Mumbai



Priyanka Dadas
RTO, PCMC



Mrs. Manisha Deshpande
Tahasildar at Divisional
Commissioner Office Pune



Adv. Prooti Paranjpe
Practice in High Court,
Family Law Consultant



Mrs. Avanti Damle
Sports & Celebrity Dietician



Guru Smt. Pramadwara Kittur
Founder, Kalashree Nrityalaya, Pune

PATRONS

Hon. Mr. G. T. Sawant
Secretary TSSM

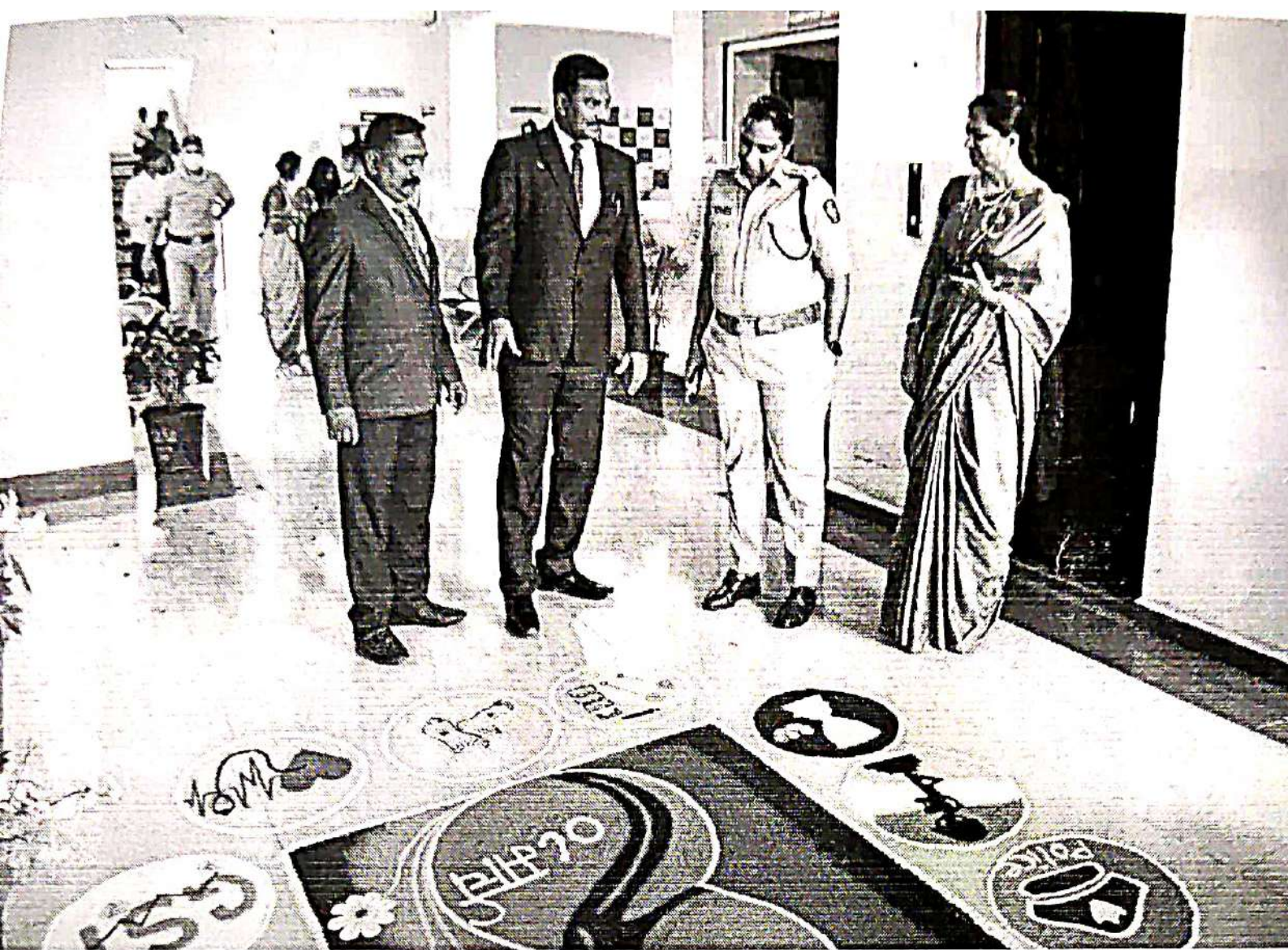
Prof. Dr. V. A. Bugade
Campus Director JSPM

Prof. Dr. Sanjay Sawant
Campus Director JSPM

Prof. Dr. Manohar Karade
Director JSIMR

Glimpses of Event

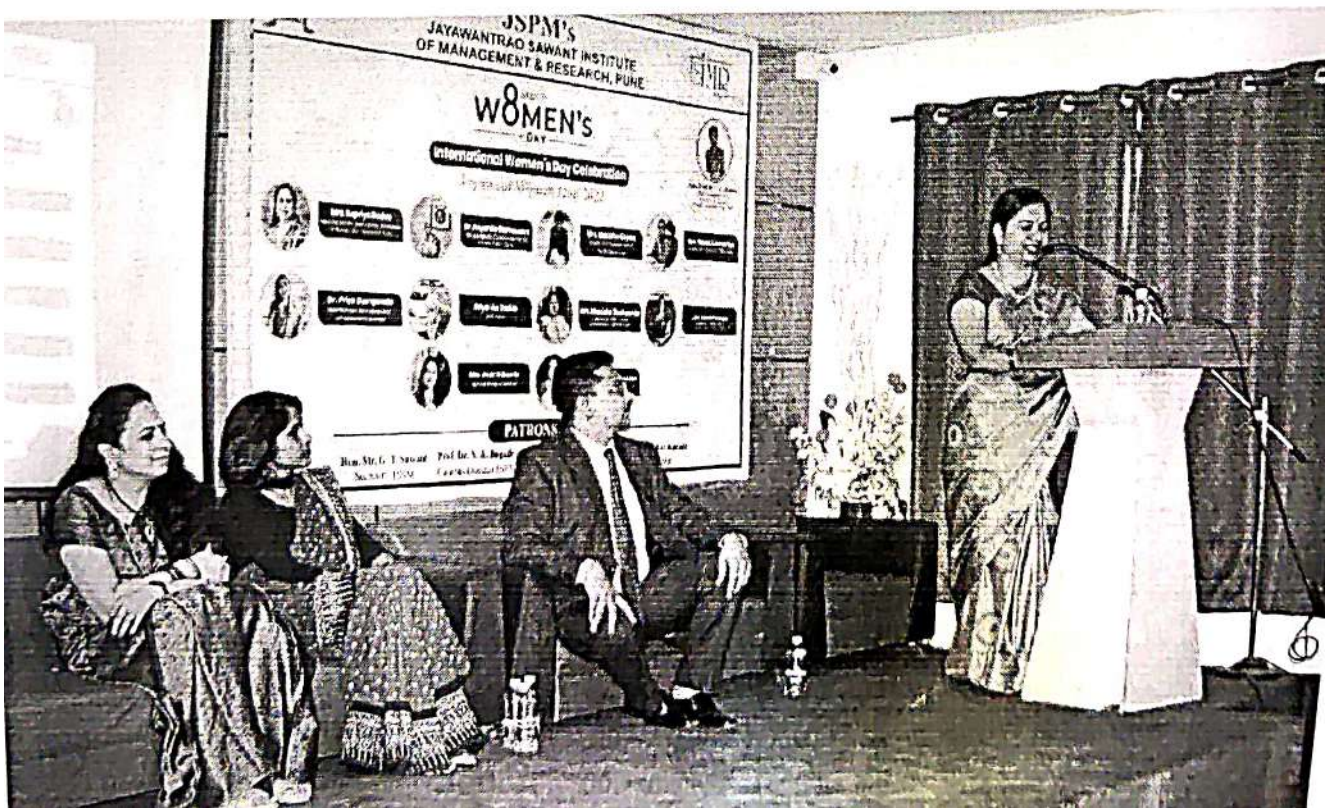




International Women's Day Celebration

Date: 08/03/2021

Glimpses of Event



सकाळ

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सकाळ

'जेएसआयएमआर'मध्ये विद्यार्थिनींनी सादर केले भरतनाट्यम

उंड्री : हांडेवाडी रोड येथील जेएसआयएमआर महाविद्यालयामध्ये सुप्रिया बडवे, मनिषा गोपाळे, डॉ. प्रिया देशपांडे, मिस. मनिषा देशपांडे, अवंती दामले, डॉ. प्रियांका नरनावरे, शिल्पा करमरकर, प्रियंका दडस, अॅड. प्रीती परांजपे, गुरू प्रमद्वारा कित्तर यांचा सन्मान करण्यात आला. यावेळी कलाश्री नृत्यालयातील विद्यार्थिनींनी 'भरतनाट्यम' सादर केले. याप्रसंगी प्रा. गिरिराज सावंत, डॉ. व्ही. ए. बुगडे, डॉ. संजय सावंत, प्रा. निखिल भोसले, संचालक डॉ. मनोहर कराडे, प्रा. उमेश नाथ, डॉ. कल्पना लोढा, प्रा. प्रज्ञा कुलकर्णी, प्रा. उमप रूबेन, प्रा. कुमुदिनी वावळे, अमोल मराडे आदी उपस्थित होते.

Pune, HadapsarToday
14/03/2022 Page No. 5



Kasadum
DIRECTOR
J. S. P. M.'S
Jayawantrao Sawant Institute
Of Management & Research
Hadapsar, Pune - 411 028

प्रतिबिंब



पूर्व पुणे

सकाळ & TODAY

प्रतिबिंब

» अवतीभवती

**'जेएसआयएमआर'मध्ये
विद्यार्थिनींनी सादर केले भरतनाट्यम**

उंडी : हांडेवाडी रोड येथील जेएसआयएमआर महाविद्यालयामध्ये सुप्रिया बडवे, मनिषा गोपाळे, डॉ. प्रिया देशपांडे, मिस. मनिषा देशपांडे, अवंती दामले, डॉ. प्रियांका नरनावरे, शिल्पा करमरकर, प्रियंका दडस, अॅड. प्रीती परांजपे, गुरू प्रमद्वारा कितूर यांचा सन्मान करण्यात आला. यावेळी कलाश्री नृत्यालयातील विद्यार्थिनींनी 'भरतनाट्यम' सादर केले. याप्रसंगी प्रा. गिरिराज सावंत, डॉ. व्ही. ए. बुगडे, डॉ. संजय सावंत, प्रा. निखिल भोसले, संचालक डॉ. मनोहर कराडे, प्रा. उमेश नाथ, डॉ. कल्पना लोढा, प्रा. प्रज्ञा कुलकर्णी, प्रा. उमप रूवेन, प्रा. कुमुदिनी वाबळे, अमोल मराडे आदी उपस्थित होते.



Karaden

DIRECTOR
J. S. P. M.'S
Jayawantrao Sawant Institute
Of Management & Research
Hadapsar, Pune - 411 028



JSPM's
Jayawantrao Sawant
Institute of Management & Research, Hadapsar, Pune-28

INTERNATIONAL YOGA DAY CELEBRATION

21.06.2022

Prof.Sunil Chougule

&

Prof.Pradnya Kulkarni

Coordinator

Dr.Manohar Karade

Director

Date: 21.06.2022

CELEBRATION OF INTERNATIONAL YOGA DAY – A REPORT

International Yoga Day was organised at Hadapsar Campus on the Occasion of 8th International Yoga Day & 75th Independence Day of India.

1. Name of the Event : International Yoga Day
2. Day & Date : 21st June, 2022
3. Time : 8.30 am onwards
4. Organized By : JSIMR and other Institutes of JSPM-Hadapsar Campus

Objectives of the Program:

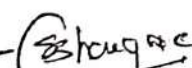
1. To create awareness about yoga for mental and physical health
2. To understand the importance of yoga as a practice and passing on its benefits to the young generation of students
3. To nurture and inculcate Indian culture and its age old practices like yoga and pranayama in students.
4. To know the cure for diseases like neck pain, back pain and other common diseases.
- 5.

Purpose:

To celebrate this day with high level of enthusiasm and respect our Indian heritage.

Outcome:


JSPM in collaboration with news daily Sakal's Young India Forum (YIN) celebrated INTERNATIONAL YOGA DAY at Hadapsar campus of JSPM. Around 5000 students were present for this mega event. By taking inspiration from Founder President Dr. Tanaji Sawant sir and guidance from Secretary Mr. Giriraj Sawant, Campus director Dr. Sanjay Sawant, Dr. Vasant Bugade all directors and principals of the Hadapsar campus institutes along with teaching and non-teaching staff of all institutes carried the event successfully. Programme started with lighting of lamp and Saraswati poojan by the auspicious hands of chief guest. Yogachary · Shri. Maruti Padekar, Dr. Surekha Kokane, Mr. Kalidas Shiras, Mr. Shyambhai Wadhwani, Mr. Babaji Takalkar, Mr. Eknath Sandhbhor, Mr. Anilji Ladkat, Mr. Girish Kamble and Mr. Sudhir Jadhav performed different asana and explained its importance to our mind and body. Hadapsar Campus Prin. Dr. Khushal Mundhe, Prin. Dr. Prafulla Kumar Adkar, Prin. Dr. Harish Kulkarni also performed Yogasanas. Introductory speech was given by Dr. Manohar Karade sir and anchoring of the entire programme was done by Prof. Reuben Umap. Entire event was covered by media channels like Zoom In, new daily Pudhari, Lokmat and Punyanagari's media persons. Mr. Maruti Padekar and his disciples were felicitated by giving floral bouquet and shawl. Students and others realized how important Yoga is and how it can be a good practice to keep our mind and body in our control with the fast moving, competitive life we are living. Each one of those who performed yoga with Yogacharya Mr. Maruti Padekar became aware that by doing simple asanas at home (even at his/her workplace) one can reduce body fat, have normal breathing, increasing breathing capacity of lungs. Back pain, neck pain, shoulder pain, headache can be treated without visiting doctors by doing yogasanas and they can be cured permanently. J.P.S. school principal Miss Madhubala Bareilkar and C.P.S. school principal Miss Kalpana Nilakhe gave vote of thanks.

Prof. Sunil Chougule - 

Prof. Pradnya Kulkarni

Coordinator




Dr. Manohar Karade

Director

JAYAWANT SHIKSHAN PRASARAK MANDAL
HADAPSAR CAMPUS, PUNE



Hon. Prof. Dr T. J. Sawant

"I cannot always control what goes on outside,
you can always control what goes on inside."

21 June
INTERNATIONAL
YOGA DAY
CELEBRATION



JAYAWANT SHIKSHAN PRASARAK MANDAL HADAPSAR
INTERNATIONAL YOGA DAY CELEBRATION





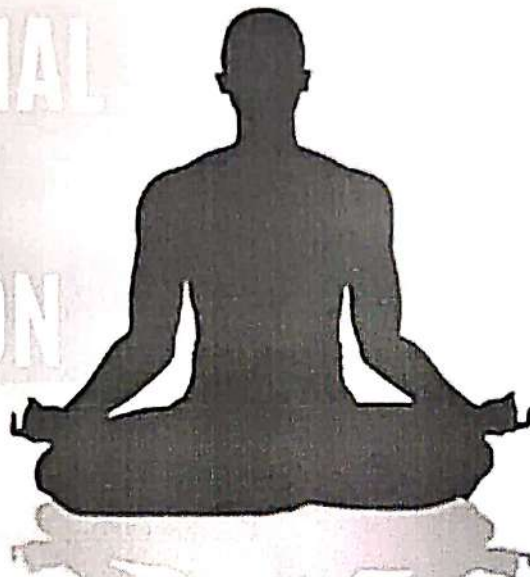
**JAYAWANT SHIKSHAN PRASARAK MANDAL
HADAPSAR CAMPUS, PUNE**



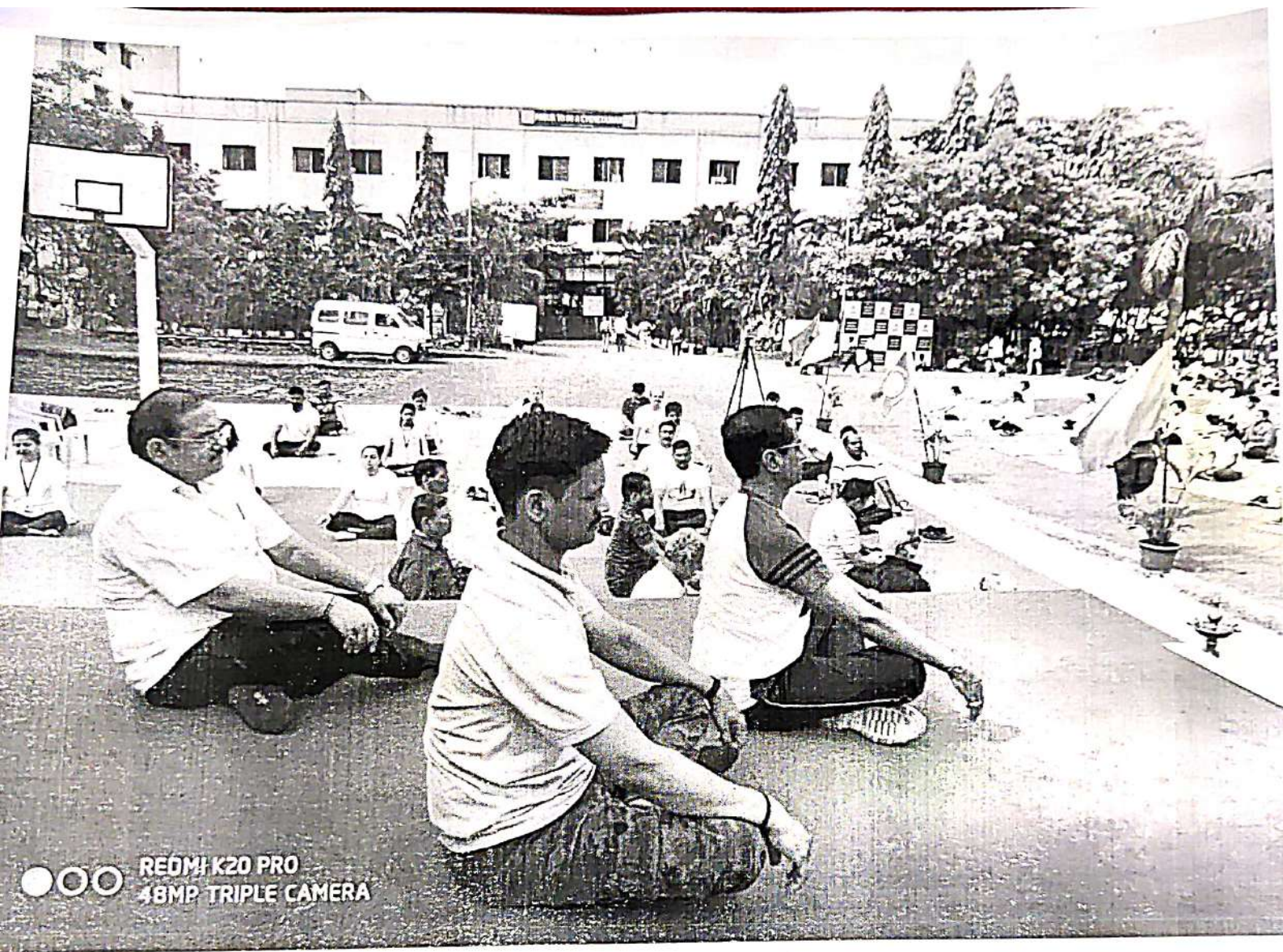
Hon. Prof. Dr. T. J. Sawant
MLA, Maharashtra State
President TSSM Pune
Founder Secretary JSPM Pune

**21
JUNE**

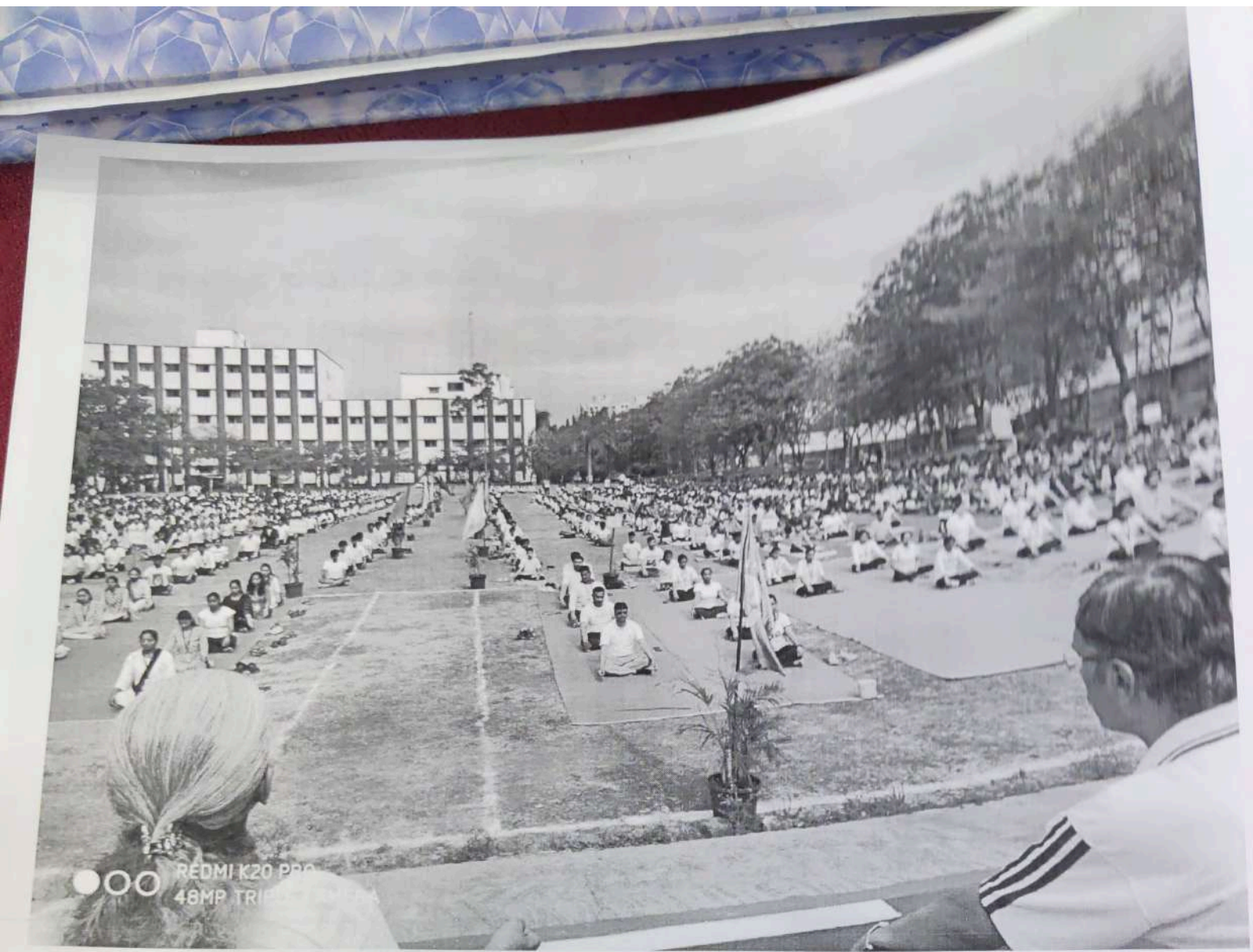
**INTERNATIONAL
YOGA DAY
CELEBRATION**

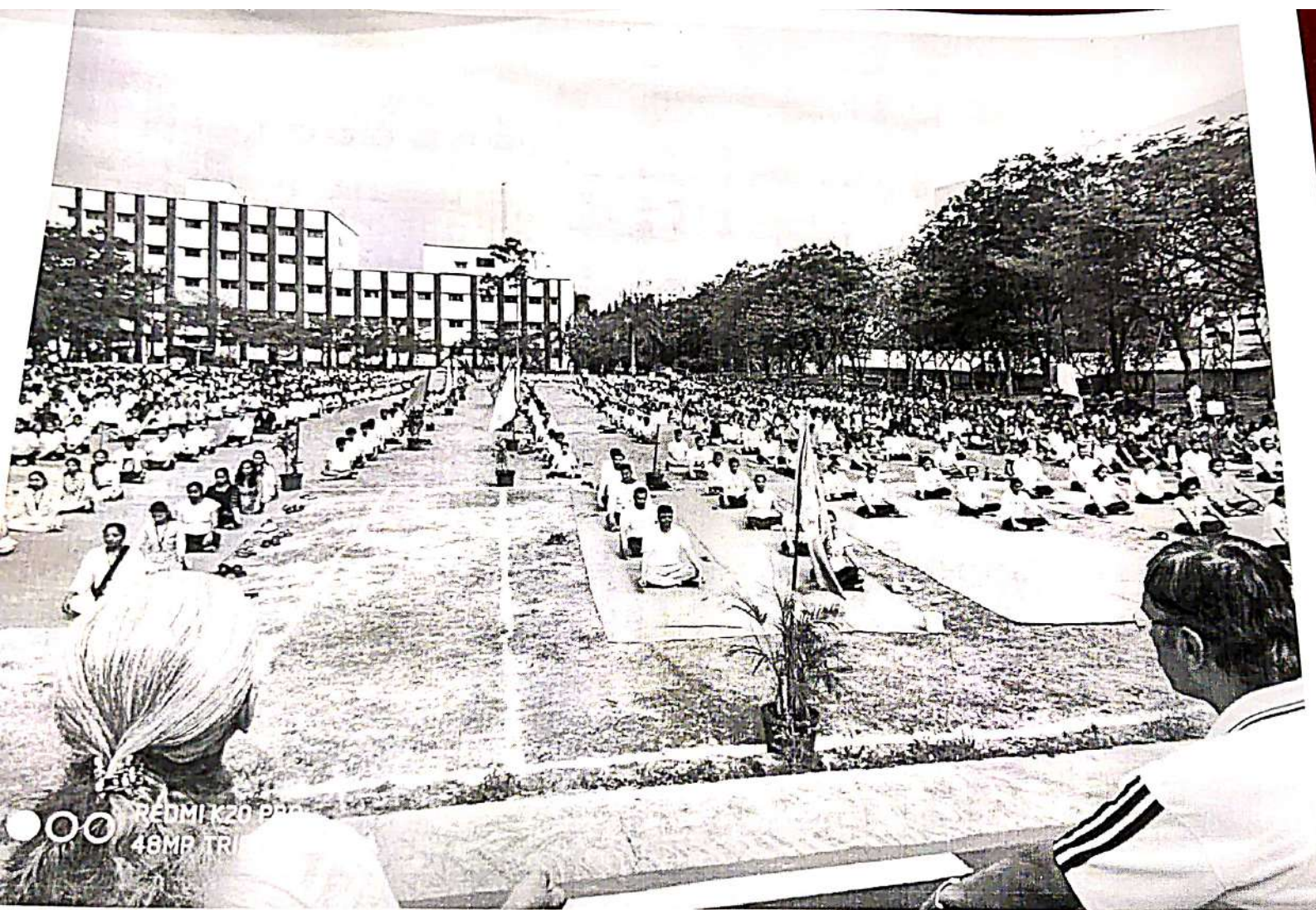


**5000+ STUDENTS ATTENDING
YOGA AT HADAPSAR CAMPUS, PUNE**



●○○○ REDMI K20 PRO
48MP TRIPLE CAMERA







जेएसपीएम कॅम्पस, हडपसर : यंग इन्स्पिरेंटर्स नेटवर्कच्या संयुक्त विद्यमाने आयोजित करण्यात आलेला योग दिन.

पुण्यात योगदिवस उत्साहात



YOUNG
INSPIRATORS
NETWORK
Inspire. Network. Deliver

पुणे, ता. २१ : जेएसपीएम हडपसर, कॅम्पस आणि यंग इन्स्पिरेंटर्स नेटवर्क यांच्या संयुक्त विद्यमाने शैक्षणिक संकुलामध्ये पाच हजार विद्यार्थी व कर्मचारी यांनी एकत्र येऊन योग दिन उत्साहात साजरा केला.

योगगुरू मास्ती पाडेकर व डॉ. सुरेखा कोकणे यांनी प्रात्यक्षिक करून घेतली. यावेळी पाच हजार विद्यार्थी योगामध्ये सहभागी झाले. जेएसपीएम शिक्षण संस्थेचे संस्थापक सचिव डॉ. तानाजी सावंत यांच्या प्रेरणेतून, सचिव गिरिराज सावंत, कॅम्पस डायरेक्टर संजय सावंत, डॉ. वसंत वुगडे यांच्या मार्गदर्शनाखाली योग दिन साजरा केला.

समन्वयक म्हणून जेएसएमआयआर डायरेक्टर डॉ. मनोहर कराडे, प्रा. चंद्रकांत हाके, प्रा. प्रज्ञा कुलकर्णी, प्रा. सुनील चौगुले यांनी जबाबदारी पार पाडली. हडपसर शैक्षणिक संकुलातील प्राचार्य डॉ. खुशाल मुंढे, प्राचार्य डॉ. प्रफुल्ल कुमार आडकर, प्राचार्य डॉ. हरीश कुलकर्णी यांनीही शीर्षासन हा योग प्रकार सादर केला. प्रास्ताविक डॉ. मनोहर कराडे यांनी केले. सूत्रसंचालन प्रा. रूवेन उमाप यांनी केले. जेपीएस स्कूलच्या प्राचार्य मधुबाला बरेलीकर, सीपीएसस्कूलच्या प्राचार्य कल्पना निलाखे यांनी आभार मानले. वुगडे म्हणाले, "विद्यार्थ्यांमध्ये नवचैतन्य निर्माण करायचे असेल तर शिक्षकांनी व समाजातील जागृत घटकांनी योग अभ्यासाचे महत्त्व विद्यार्थ्यांना पटवून दिले पाहिजे."

आज सकाळ पुणे टुडे पान क्र.

6 वर आलेली बातमी